

## NATIVITY FAST

This fast is divided into two periods: The first period is **November 15th through December 19th**, when the traditional fasting discipline (no meat, poultry, eggs, dairy, fish, wine and oil) is observed on Monday, Wednesday, and Friday, but with allowance for fish, wine, and oil on Tuesday, Thursday, Saturday, and Sunday. The second period is **December 20th to 24th**, when the traditional fasting discipline (no meat, poultry, eggs, dairy, fish, wine and oil) is observed Monday through Friday, but with allowance for wine and oil on Saturday and Sunday.

PLEASE NOT THAT WHAT IS GIVEN HERE IS THE TRADITIONAL DISCIPLINE OF THE FAST. YOU MAY HAVE TO ADOPT THESE RULES TO YOUR PARTICULAR SITUATION.

HOWEVER, EVERYONE SHOULD ADOPT SOME REGIMEN OF FASTING IN PREPARATION FOR THE GREAT FEAST OF THE NATIVITY OF CHRIST

## WISH TREE

Beginning November 25th, we will once again be sponsoring the Wish Tree for underprivileged children.

See William Ansara for names and details

## VOLUNTEER OPPORTUNITY

The Lowell Transitional Living Center serves breakfast, lunch, and dinner to over one hundred people at each meal daily! I volunteer to help serve dinner the first Tuesday of every month. Won't you join me? If you'd like to help in this very rewarding experience, see Lisa Ansara or email me at [lisaansara17@gmail.com](mailto:lisaansara17@gmail.com).

As you are aware, feeding over 100 people a hot, full meal is expensive! If you'd like to donate towards the meal, checks can be made to LTLC and given to Lisa. It costs approximately \$350 for each dinner so any and all donations are appreciated.



## COME AND CELEBRATE THE NATIVITY OF OUR LORD AND SAVIOR, JESUS CHRIST

Beloved in Christ,

On Monday, December 24, 2018, we will celebrate the Nativity of Our Lord and Savior, Jesus Christ. "The Word was made Flesh and Dwelt among us!"

You are all invited to come and attend Christmas Eve Services and receive Holy Communion on this Great Feast!

Festal Orthros (Matins) 5:00 pm

Procession to the Creche and Blessing 5:45 pm

Solemn Candlelight Divine Liturgy 6:00 pm

IN CASE OF A SNOW STORM, AND CHRISTMAS EVE LITURGY IS CANCELLED, THE LITURGY WILL BE HELD ON TUESDAY, DECEMBER 25, 2018 AT 10:00 AM.

Begin your Christmas celebration by coming to church first and wishing Our Lord "Happy Birthday"! May the Prince of Peace, Whose Birth we are celebrating, fill your hearts with joy and gladness during this Holy Season and may the New Year bring us all peace, good health and spiritual happiness!

With Love,  
+Fr. Leonard



## COFFEE HOURS

For those interested in signing up to host a coffee hour please put your name and the reason you are hosting it on the calendar in the back of the hall. If no one sponsors a coffee hour there will NOT be any for that day. Please see Fr. Leonard if you have any questions.

## COFFEE HOUR ITEMS

Thank you all for hosting your coffee hours throughout the year. We ask that after coffee hour is over please clean the coffee pots, clean off the tables, hall counters, kitchen counters, pick up any food or trash on the floor, garbage disposed of, and take any food and drinks, left over, with you. Please do not leave anything in the refrigerator. Thank you.