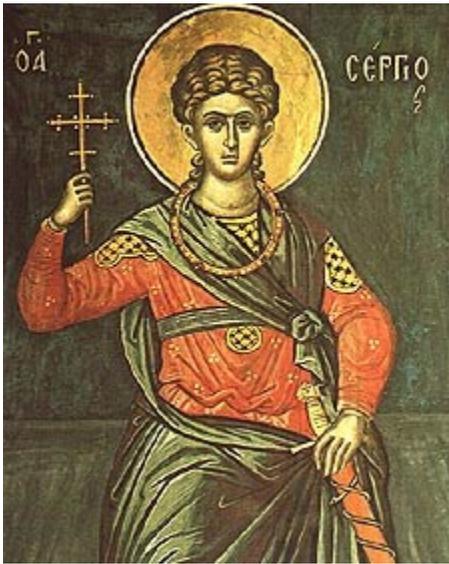


St. George Antiochian  
Orthodox Church  
Lowell, Massachusetts



**NINETEENTH SUNDAY AFTER PENTECOST  
& THIRD SUNDAY OF LUKE**  
MARTYRS SERGIUS AND BACCHUS OF SYRIA

*October 7, 2018*

**ST. GEORGE ANTIOCHIAN ORTHODOX CHURCH**  
The Most Reverend Metropolitan JOSEPH  
Archbishop of New York and Metropolitan of All North America

The Right Reverend Bishop JOHN, Diocese of Worcester and New England

Rt. Rev. Archmandrite Leonard Faris  
Pastor of St. George Antiochian Orthodox Church

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**WORSHIP SERVICE**

Sunday: Matins (Orthros) Service 9:00 a.m.

Divine Liturgy 10:00 a.m.

Sunday School: Every other Sunday, 9:30 a.m. to 10:15 a.m.

Church Office Hours: Tuesday through Friday, 9:00 am to 1:00 pm

Divine Liturgy begins at 10:00 a.m. and we should not arrive late. When we do arrive late and the Epistle or Gospel is being read or the priest is preaching the sermon or the Great Entrance is taking place, please **REMAIN** in the Vestibule until it is finished before entering the Church. At the end of the Divine Liturgy please keep your conversation until the "Coffee Hour".

**We should leave the Church in silence.**

**Important Notice:** The reception of Holy Communion is limited to Orthodox Christians who have prepared themselves by prayer, fasting and recent Confession. Confessions are heard on Sunday mornings during the Matins Service or by special appointment. The Eucharistic Fast begins at midnight on Saturday and ends up with the receiving of Holy Communion. If you are on medication or a young child, you can have a light breakfast before coming to church. If you have any questions, please call Fr. Leonard.

*Thank you,  
Father Leonard*

**Prayer Requests and Bulletin News:** All prayer requests and articles for the weekly bulletin must be submitted each week by **Noon, Tuesday:** emailed to Fr. Leonard at [fatherfaris@comcast.net](mailto:fatherfaris@comcast.net) or call 978-452-4816, otherwise, the requests and articles will be published the following week.

**IMPORTANT ANNOUNCEMENT**

If anyone is in the hospital it is the duty of the family to inform the priest so that he can visit the patient. Also, if anyone is homebound and would like to receive Holy Communion, he/she or a family member should contact Fr. Leonard to make arrangements to bring the Sacrament to the shut-in. Fr. Leonard is always happy to bring the Sacraments to those in Hospitals, Nursing Homes or at home. Thank you and God bless!

**Troparion of the Resurrection, Tone 2**

When Thou didst submit Thy-self unto death, O Thou Deathless and Immortal One, then Thou didst destroy Hell with Thy Godly power; and when Thou didst raise the dead from beneath the earth, all the powers of Heaven did cry aloud unto Thee: O Christ Thou Giver of Life, glory to Thee!

**Entrance Hymn**

Ha-lum-mu lu li-nas-jud, wa-nar-ka' lil-ma-sih, khal-lis-na ya bna l-lah, ya man qa-ma min bal-nil-am-wat, li-nu-rat-til la-ka, Hal-li-lu-ia

**Troparion of the Resurrection, Tone 2 (repeated)**

**Troparion of SS. Sergius and Bacchus, Tone 4**

Thy martyrs, O Lord, in their courageous contest for Thee received as the prize the crowns of incorruption and life from Thee, our immortal God. For, since they possessed Thy strength, they cast down the tyrants and wholly destroy the demons' strengthless presumption. O Christ God, by their prayers, save us souls, since Thou art merciful.

**Troparion of St. George, Tone 4**

As deliver of captives and defender of the poor, healer of the infirmed, champion of kings, victorious great martyr George, intercede with Christ our God, for our souls' salvation.

**Kontakion for Ordinary Sundays, Tone 2**

O Undisputed Intercessor of Christians, the Mediatrix who is unrejected by the Creator. Turn not away from the voice of our petitions, although we be sinners. Come to us, in time, with aid as we cry unto thee in faith, for thou art good. Hasten to us with intercessions, O Theotokos, who didst ever intercede for those who honor thee.

## THE EPISTLE

*The Lord is my strength and my song. The Lord has chastened me severely.*

### **The Reading from the Second Epistle of St. Paul to the Corinthians. (11:31-12:9)**

Brethren, the God and Father of the Lord Jesus, He Who is blessed forever, knows that I do not lie. At Damascus, the governor under King Aretas guarded the city of Damascus in order to seize me, but I was let down in a basket through a window in the wall, and escaped his hands. I must boast; there is nothing to be gained by it, but I will go on to visions and revelations of the Lord. I know a man in Christ who 14 years ago was caught up to the third heaven—whether in the body or out of the body I do not know, God knows. And I know that this man was caught up into Paradise—whether in the body or out of the body I do not know, God knows—and he heard things that cannot be told, which man may not utter. On behalf of this man I will boast, but on my own behalf I will not boast, except of my weaknesses. Though if I wish to boast, I shall not be a fool, for I shall be speaking the truth. But I refrain from it, so that no one may think more of me than he sees in me or hears from me. And to keep me from being too elated by the abundance of revelations, a thorn was given me in the flesh, a messenger of Satan, to harass me, to keep me from being too elated. Three times I besought the Lord about this, that it should leave me; but He said to me, “My grace is sufficient for you, for My power is made perfect in weakness.” I will all the more gladly boast of my weaknesses, that the power of Christ may rest upon me.

## THE GOSPEL

### **The Reading from the Holy Gospel according to St. Luke. (7:11-16)**

At that time, Jesus went to a city called Nain, and many of His disciples and a great crowd went with Him. As He drew near to the gate of the city, behold, a man who had died was being carried out, the only son of his mother, and she was a widow; and a large crowd from the city was with her. And when the Lord saw her, He had compassion on her and said to her, “Do not weep.” And He came and touched the bier, and the bearers stood still. And Jesus said, “Young man, I say to you: arise.” And the dead man sat up, and began to speak. And Jesus gave him to his mother. Fear seized them all; and they glorified God, saying, “A great prophet has arisen among us!” and “God has visited His people!”





## MEMORIAL SERVICE - Today, October 7th

A One year memorial service is being offered for the repose of the soul of the Servant of God, Saidyna Antoun, requested by Fr. Leonard May his memory be eternal.

A 12 year memorial service is being offered for the repose of the soul of the Servant of God, Charles Hamwey and a 11 year memorial service is being offered for the repose of the soul of the Handmaid of God, Annie Hamwey, requested by Alan and Elaine Hamawey. May Charles and Annie's memories be eternal.



## COFFEE HOUR

Today's Coffee Hour is being sponsored by Alan and Elaine Hamwey and Family in memory of Alan's beloved parents, Charles and Annie Hamwey may their memories be eternal and may god bless Alan and Elaine Hamwey and their families with good health, happiness and long life.

## COMING UP

Wed.	10/10	6:30 pm	Parish Council meeting
Sat.	10/13	1:00 pm	Blessing of the Animals in parking lot
Wed.	10/17	7:00 pm	Adult Education Class begins in the church
Sun.	10/21	10:00 am	Hierarchical Divine: Liturgy with His Grace, Bishop John

## THANK YOU

Thank you to Alan and Elaine Hamwey for their donation, to St. George Antiochian Orthodox Church, in memory of Charles and Annie Hamwey. May Charles and Annie's memory be eternal.

# *Special Olympics* AWARENESS DAY



The Teen SOYO are preparing to sponsor the 38th Annual Special Olympics Sports Camps. During the month of October our Teens will share in reading the Epistle, Usher and Passing the collection basket. On Sunday, October 21st, there will be a second collection earmarked for this special event. They will request your financial donation to enable them to sponsor this Annual Camp. We ask that you be generous in helping our teens in this ministry.

**TODAY - October 7th**

Epistle: Zaki Louh  
Collectors/Ushers: Aiden Sherman and Peter Sabbouh  
Usher/Collector: Lily Saad

## THANK YOU

Special Thanks to Robin Abodeely for donating the Arbonne Gift Basket.  
Special Thanks to Ellen Andre for donating the wine and cookbook gift.  
Special Thanks to Richard Ansara for donating the \$100 gift card to his restaurant Tresca.  
Special Thanks to our anonymous donor for donating the 3 -\$100 visa gift cards.  
Special Thanks to Rhonda Murray who was able to sell 75 tickets and made our annual raffle a big success.  
Special Thanks to our Parishioners and Friends for supporting our Raffle and made it a big success, and having an evening filled with lots of fun.

Martha Stewart, Chairwoman

# CHURCH ETIQUETTE

During Liturgy, the Priest or Deacon says,  
“With the fear of God, and with faith and love, draw near!”  
Let this be the way believers approach the Church to worship.

## WHEN YOU ARRIVE AT CHURCH:

- Remind yourself why you are here: Jesus Christ. You have an appointment every Sunday morning at 10:00am with Him, so you should not be late. Would you be late to any other
- appointment? Get extra rest so that you can make it to Church on time.
- Shut off all beepers, phones, and electronic devices. NO text messaging!
- As we sing in the Liturgy, “Let us lay aside all earthly care.”
- When entering the Church, venerate/kiss the icon at the entrance, cross yourself in prayer, and light a candle.

## YOU MAY NOT ENTER THE CHURCH AT THE FOLLOWING PERIODS:

- During the Entrance of the Holy Gospel
- During the reading of the Epistle and the Holy Gospel
- During the Sermon
- During the Entrance of the Gifts (bread and wine)

If you arrive during the above mentioned times, please wait in the Narthex (back) until the particular period is over.

When you enter or exit the Church, use only the side aisles. No one is to use the middle aisle at any time during the service, except for the Communion line.

## YOU SHOULD NOT BE SEATED DURING THE FOLLOWING MOMENTS:

- The singing of the Great Doxology (“Glory to Thee who has shown us the Light”)
- At “Blessed is the Kingdom of the Father, Son, and of the Holy Spirit...”
- During the Entrance of the Holy Gospel
- During the reading of the Holy Gospel
- During the Entrance of the Gifts
- During the Consecration of the Gifts
- During the Creed and the Lord’s Prayer (“Our Father”)
- While the priest and deacon are distributing Holy Communion
- Any time the priest blesses you with his hand or the cross

## CONDUCT IN CHURCH:

It is important to keep a reverent attitude and demeanor in Church at all times.

- Be on time! The proper time to arrive is before the service begins before the bells are rung.
- Should you have an emergency and think you will be late to Church, still come, pray, and give thanks to God for all things!
- You are there to pray, so focus on the prayers and hymns of the Liturgy
- Do not cross your legs while seated; please be firm while standing
- Do not stand with your hands in your pockets or your arms crossed
- Do not chew gum; absolutely no eating or drinking
- Do not talk during the Divine Liturgy, especially during the Gospel reading and in Communion line (wait until Coffee Hour to say hello)
- If your child is being disruptive and you cannot contain him, please calmly take your child out of the Church and calm him down without disturbing others and then RETURN to the Church.

Communion is not the end of Liturgy; do not leave until Liturgy is completely over and you have kissed the cross. You may not go to the Hall during Liturgy.

## MAKING THE SIGN OF THE CROSS:

The sign of the Cross is extremely powerful due to the reminder it gives of Christ's sacrifice. Tracing the sign of the Cross on ourselves serves as the accepting of that sacrifice and the blessing to emulate it in our everyday life. Making the sign of the Cross is the reception of the blessing bestowed on you by the Bishop or the Priest. It is the pious custom of devout people to trace themselves with the sign of the cross at important parts of the Divine Liturgy. The fingers put together first touch the forehead, then the chest, then the right shoulder, and finally the left shoulder (the heart). This can only be a reminder that we should love the Lord our God with all our mind, our soul, our strength, and our heart.

### **WHEN TO MAKE THE SIGN OF THE CROSS:**

- At the beginning and end of prayers and services
- Upon entering Church and leaving Church
- At the mention of the “Father, Son, and Holy Spirit”
- When offering glory or blessedness to God
- At any prayerful invocation of God
- When the priest exclaims “Peace be to all”
- When the priest blesses the faithful with his hand or cross
- When the priest censures the people
- During the Entrance of the Holy Gospel
- During the Trisagion Prayers or Hymn (Holy God, Holy Mighty, Holy...)

After receiving Holy Communion (after you have taken a few steps away from the chalice)

### **BOWING YOUR HEAD:**

There are certain times in the service when parishioners should bow their heads:

- When the priest exclaims “Peace be to all”
- At the exclamation “Bow your heads unto the Lord”
- When the priest blesses the faithful with his hand or cross or censer
- When the priest or deacon bows toward the people during the services
- During the Entrance of the Holy Gospel
- When the Holy Gospel is read
- During the Entrance of the Gifts
- During the Consecration of the Gifts
- When you feel you need to focus on the service as to not get distracted

## RECEIVING HOLY COMMUNION:

To receive Holy Communion a person should:

- Prepare by prayer, by repentance, ultimately by receiving the Sacrament of Confession
- Prepare by fasting from food and drink (except for those with medical reasons) upon rising in the morning
- Refrain from smoking or chewing gum upon rising in the morning
- Ask forgiveness of anyone you have wronged
- Offer forgiveness to anyone who has wronged you
- Approach the chalice with reverence and thanksgiving, with arms crossed or hands folded with one's mind on Christ
- Say your name to the priest as you approach the Holy Chalice
- Tilt your head back and open your mouth as wide as you can

You should NOT receive Holy Communion if you arrive to Church after the reading of the Gospel.

## CHURCH ATTIRE:

Use Good Judgment! Common Sense!

We should offer Christ our "Sunday Best", not our everyday or common wear. Our dress should always be becoming of a Christian, and exemplify Christian values.

- No Jeans, No T-Shirts, No Tank-tops, No Sunglasses on head (or baseball caps)
- No Gym Shoes, No shorts, No Sandals, No Flip-Flops
- Dresses and skirts must fall below the knee and must be worn loosely; not tight
- Ladies' blouses should not be revealing and must cover the chest and shoulders
- Excessive make-up must be avoided. Women who wear lipstick should make sure lips are dry before receiving Communion, kissing cross or the priest's hand.
- This attire is to be for all ages!
- This attire is to help us realize how to respect our bodies, the Church, and to properly offer up prayer for our sins
- This attire is to help us NOT become a distraction to others who are trying to focus themselves

Help lead others to salvation, NOT sin.

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**Good Health to All !**

**Robert and Elaine Maria &  
Family**